

Elm Wood Primary School

PE and Sport Premium Report 2022 - 2023

What is the PE & Sports Premium?

The government is committed to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day. It recommends 30 minutes of this is delivered during the school day (in line with the <u>Chief Medical Officers guidelines</u> which recommend an average of at least 60 minutes per day across the week). The PE and sport premium can help primary schools to achieve this commitment, providing primary schools with £320 million of government funding to make additional and sustainable improvements to the quality of the PE, physical activity and sport offered through their core budgets. It is allocated directly to schools, so they have the flexibility to use it in the way that works best for their pupils.

The Sports Funding can only be spent on sport and PE provision, in schools. OFSTED will play a significant role in ensuring that schools target this funding in areas which will lead to clear outcomes in raising standards and opportunities in PE and school sport for all children, throughout the Primary Phase. It is expected that schools will see an improvement against the following 5 key indicators:

- 1. The engagement of all pupils in regular physical activity kick-starting healthy, active lifestyles
- 2. The profile of PE and sport being raised across the school, as a tool for whole school improvement
- 3. Increased confidence, knowledge and skills of all staff, in teaching PE and sport
- 4. Broader experience of a range of sports and activities offered to all pupils
- 5. Increased participation in competitive sport

Our Vision

Our aim is to provide a high-quality PE curriculum which motivates all pupils to succeed, enjoy and excel in sport and physically demanding activities. Our intent is to provide opportunities for pupils to become physically confident to support their health and fitness.

Our PE curriculum at Elm Wood is sequenced to ensure that children develop foundational skills in physical development in the Early Years. As children move through Key Stage One, they build on those fundamental skills and also begin to learn sport-specific skills including swimming. Children learn to co-operate and compete across a range of sports within PE lessons by the end of Key Stage Two.

Moving Matters (an organisation specialising in the delivery of PE) offer professional development and coaching to teachers at Elm Wood. Children in Key Stage Two take part in inter-school sports competitions across a range of sports.

Additional opportunities to take part in sport and physical activity outside PE lessons in school are provided through our links with local sports clubs, schools and professional organisations, for

example Dulwich and Tulse Hill Hockey Club, West Norwood Tennis Club and Surrey County Cricket Club.

Elm Wood's annual Sports Day for both KS1 and KS2 are held at Dulwich College where pupils benefit from access to fantastic sporting facilities. We hold Sports Day for Early Years at school, Sports Leaders from Year 6 lead activities on the day. All events are very well-attended by families.

EYFS Intent:

Physical development, Moving and Handling and Health and Self-care

- This involves providing opportunities for young children to be active, interactive; and to develop their co-ordination, control, and movement.
- Children must also be helped to understand the importance of physical activity and to make healthy choices in relation to food.

Key Stage 1 Intent:

We aim for children to develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, both individually and with others. Children will be given opportunities to engage in competitive (improving on their own performance as well as that of others) and co-operative physical activities, in a range of increasingly challenging circumstances.

Key Stage 2 Intent:

We aim for pupils to continue to apply and develop a broader range of skills; learning to use them in different ways, as well as linking these to make actions and sequences of movement. They will continue to enjoy communicating, collaborating and competing with each other. Children will develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Spending aims for Grant allocation 2022-2023:

Grant and expenditure 2022 - 2023		
Grant		£19,171
Expenditure	Moving Matters	£ 14,145
	Competitive Sport	£318
	Sports Day	£299
	PE equipment / resources	£995
Balance		£3,415

A large portion of our Sports Premium allocation is spent sustaining our strong partnership with the PE and sports coaching company, Moving Matters.

We have access to the Moving Matters online curriculum which is in line with the National Curriculum and used across all our year groups ensuring a clear progression of skills as well as access to a broad range of sports and activities.

Moving Matters provide Primary PE Specialists to work 1 day a week throughout the academic year at Elm Wood, supporting the development of teaching practice and curriculum delivery as well as

working with targeted groups of children. The full day per week is spent 1-1 mentoring of staff (during PE lessons), modelling best practice, team teaching, observing lessons and providing feedback with a development plan. In turn, the teachers develop subject knowledge and confidence in delivering Physical Education.

In addition, there is an extra full day per week at Elm Wood for half of the academic year which is allocated to working with targeted groups of children across all year groups with specialist teaching to either prepare them for up-and-coming competitions or support them in small PE lessons.

Teaching staff of all experiences work alongside the PE Specialist, starting with ECTs. The teaching staff working alongside the PE specialist, are assessed and receive in-depth feedback following each session. Once they have finished working with the PE Specialist, a final evaluation is completed outlining their development, strengths and future targets. In addition to this, the PE specialist is always keen to share best practice and liaise with all staff to ensure that sustained high quality PE is consistently being delivered across all year groups. They provide informal mentoring for all staff when on site.

We believe that the impact of this is that this continued professional development of staff is key to the delivery of high-quality PE lessons for our children across all the year groups. In turn, the teachers develop subject knowledge and confidence in delivering Physical Education.

This academic year, twelve teachers (including two ECTs) accessed coaching support, and assessment during each professional development programme highlights an improvement in the quality of teaching in each teacher's PE lessons.

Other expenditure aims:

PE equipment and resources were purchased this academic year to support the teaching of PE and participation in sports/physical activity.

Sports Day resourcing and other physical activity enrichment days e.g. visiting athletes:

Sports Day for KS1 and KS2 pupils took place in June 2023 at Dulwich College. A day of sporting activities was planned for all pupils where they were able to practise the skills taught in lessons as well as try out new events/activities. Sports day for EYFS pupils took place on site.

In addition, funding was spent on enabling pupils to access after school clubs throughout the year.

The impact of the PE and sport premium has increased the engagement with PE specialists of both staff and pupils in PE and Sport. More pupils are now participating in - and enjoying - sport competitions. Pupils involved in competitions have an increased understanding of winning / losing and the role of fair play, teamwork and sportsmanship.

The funding has also given us the opportunity to strengthen our partnerships with the local community.

Report on Swimming and Water Safety:

Percentage of current year 6 cohort who can swim competently, confidently and	
proficiently over a distance of at least 25 metres	
Percentage of current year 6 cohort who can use a range of strokes effectively	
	47%
Percentage of current year 6 cohort who can perform safe self-rescue in different water-	
based situations	
Schools can choose to use the Primary PE and Sport Premium to provide additional	
provision for swimming but this must be for activity over and above the national	No
curriculum requirements. Have you used it in this way?	